

## OVER THE EDGE NW CT: MEET SOME EDGERS

Over 40 people have signed up to rappel 111 feet down Torrington Towers in support of the three partnering non-profits - Prime Time House, the Northwest Connecticut Arts Council, and the Northwest Connecticut Chamber Education Foundation. The “Edgers” are using the summer months to raise a minimum of \$1,000 in donations to their individual page on the Over The Edge NWCT website. The partnering non-profits are hoping to recruit 100 Edgers or Teams of Edgers.



**Jeff Geddes**, Senior Vice President of Residential and Consumer Lending at Torrington Savings Bank, is going Over the Edge for NWCT. He’s an active member of the community serving on several boards. Here is his story about why he has signed up to rappel down Torrington Towers to benefit of the three partnering non-profits:

*My initial reaction to rappelling was “No Way!” Then I attended the first Over the Edge information session at Prime Time House and something inside me told me to put my fear of heights aside and take advantage of this once in a lifetime opportunity. I’ve always avoided heights my entire life but last October, I zip lined at my friend’s urging while on vacation and I had the time of my life. The adrenaline rush and feeling of accomplishment is hard to describe but I was able to overcome my fear then and I’m hoping I can again in September. You don’t grow if you don’t push your boundaries, so I decided to challenge myself and rappel. It goes without saying that I am happy and proud to raise money for Prime Time House, NW CT Chamber Education Foundation and NW CT Arts Council; they all contribute to the quality of life in NW CT but it’s more than that. I have a personal understanding of mental health issues having had people I love very much affected; the impact is immeasurable so I’m very excited to support Prime Time House.*

*Once I put my page up and sent the link out to my friends and colleagues, the donations literally came pouring in. I have a very generous group of friends and business associates. I’m so grateful for all the support both financial and emotional. People that know me, know this is going to be a challenge. They have been very encouraging, so I think all that support makes me want to do it even more. As of now, 38 people have contributed and have helped me surpass my \$2,000.00 goal. I’m currently sitting at \$2,125.00 and I have financial commitments from many others that will make donations before the event. I’ll be really thrilled if I hit \$3,000.00.*

*Besides being scared out of my mind, I’m trying to focus on the fundraising and not thinking about going over the edge. Now when I drive by the Torrington Towers I actually look at the building and talk to it, trying to make friends with it and convincing myself it’s not that tall and that I have the courage to do it. I did purchase a costume for the big event but I’m not revealing that until September 16th. I promise it won’t disappoint! (<https://www.otecwe.com/nwct/jeff-geddes/>)*

The three regional non-profit organizations will bring their ‘fundraising to new heights’ with this unique and thrilling event. Partnering with Over the Edge Global, Northwest Connecticut residents will be raising funds and awareness over the next two months to have the opportunity to rappel down Torrington Towers on Saturday, September 16. This unique event, never before presented in Northwest Connecticut, is sponsored by Sharon Hospital, PAC Group LLC, O&G and Health Quest with additional support from Crystal Rock Water, Charlotte Hungerford Hospital, and Litchfield Distillery. It is also made possible through the support of the Torrington Housing Authority.

For the first “Edger” to raise \$5,000, Spirit Ballooning is donating one spot on a champagne, scenic balloon flight from one of their balloon ports in the area. There are other incentive prizes available to encourage individuals to sign-up.

Since 2008, Over the Edge Global has helped non-profits raise more than \$45 million and put 25,000 fundraisers safely ‘over the edge’. Individuals must raise a minimum of \$1,000 for the partnering non-profits to secure their rappelling position. To register or learn more, visit <https://otecwe.com/nwct/>.

Article submitted by: Amy Wynn, Northwest CT Arts Council



**Mike Rooke** of Northwestern CT Community College: This is your chance to help “encourage” me to go OVER THE EDGE by helping us reach our \$1,500 goal. How often do you get the chance to throw your Community College president off a building? And all for a good cause. Please consider making a donation of any amount. All proceeds support 3 important local charities: NW CT Arts Council, Prime Time House and NW CT Chamber Education Foundation.



**Vince Laliberte**: I am the owner and operator of Pursue the Clues in Torrington, CT (see more information at [pursuethetheclues.com](http://pursuethetheclues.com) or [fb.com/pursuethetheclues](https://www.facebook.com/pursuethetheclues)). As every player at Pursue the Clues has learned since we opened last year, we always try our best to support the local community. For that reason I am going over the edge to support the NW CT Chamber Education Foundation, Prime Time House, and the NW CT Arts Council. These 3 organizations do great things for the community and I’m aiming to raise at least \$1,000 in support of them.



**James Steck**: Help me support Prime Time House, NW CT Arts Council and NW CT Chamber Education Foundation by making a donation to help me reach my goal of \$1,000. Thank you for any support you can provide! P.S. I hate heights. This should be interesting...

There’s still time to sign up to go “Over The Edge”! Join these and our other Edgers and experience the thrill and excitement!

FROM CHAMBER  
PRESIDENT & CEO

## JoAnn Ryan



I am beginning my 16<sup>th</sup> year as President & CEO of the Chamber. It does not seem possible that the time has passed so quickly. Together we have accomplished some pretty great things, tackled critical issues, met key players in the region, state and nation, formed collaborations with a number of influential partners and created a strong business community knowing that we are impacting thousands of lives.

It has been all about Leadership NW, Junior Leadership NW, Young Professionals, Workforce Investment, the One-Stop Workforce Operation, Celebration of Success, Legislative Agenda, SCORE, Small Business Development Center, the Manufacturers' Coalition, Health Council, Chamber Insurance Trust, the Burlington Chamber affiliation and Canaan Advisory Council, Economic Survey & Summit, Job Fairs, Collaborations with many other organizations, Chamber Travel, Boston Federal Reserve Working Cities Grant and WOW!

I look back and wonder how we did it all but then again, take a look at our members, committee chairs and volunteers, Corporate Partners, Board of Directors and the superb staff.

You always rise to the occasion, so once again, I am asking for your help and support. We are collaborating with Prime Time House, the NW CT Arts Council and the Chamber Education Foundation to raise funds for adults with serious mental illness to find pathways back to productivity, to promote the arts and cultural resources of our region and to provide initiatives, educational programs and scholarships for continuing education. We're bringing our "fundraising to new heights" with the unique and thrilling "Over the Edge." We will rappel down Torrington Towers on Saturday, September 16<sup>th</sup>.

As one of the leaders of the three organizations, I am participating. In order to do so, I must raise \$1000. If each of you contribute \$10, I will reach my goal. It's very easy to participate. Please just go to <https://otecwe.com/nwconnecticut/partners/> and make your donation. It's unusual for sure but most certainly it will benefit three worthy causes.

What better career than this: promoting economic growth while enhancing the quality of life in NW CT and walking backwards down a building! Thank you in advance for your contributions.

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27 Dale Road  
Avon, CT 06001

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333 Kennedy Drive, Suite R101  
PO Box 59, Torrington, CT 06790  
p 860.482.6586 f 860-489-8851  
[www.nwctchamberofcommerce.org](http://www.nwctchamberofcommerce.org)

**JoAnn Ryan, President & CEO**  
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# WHAT'S BEEN HAPPENING AT NORTHWEST CONNECTICUT'S CHAMBER

## Learn at Lunch

The Chamber launched its newest program in June - Learn at Lunch. Lance Leifert of Conquest presented "A New Era of Digital Marketing" at the first meeting. The attendees' interest resulted in a follow-up Learn at Lunch on August 3rd on Search Engine Optimization.



Lance Leifert presents "A New Era of Digital Marketing" at our first Learn at Lunch on June 28th.

Our next Learn at Lunch will be held on August 29th and will educate members on "One-to-One Marketing and Product Brokering". Jeff & Terri LaCasse of On-Fire Digital Marketing will present.

The program is a chance for members to learn about important issues affecting business. The series is held at either the Chamber conference facility or at a local restaurant and features guests that discuss topics such as digital marketing, business taxes, energy savings and more. Members are encouraged to suggest topics they would like to see presented. A light lunch is served and the meetings are kept to an hour in length. The cost is \$10 per person.

If you would like to see a topic presented at Learn at Lunch, please call the Chamber at 860-482-6586.

## Business After Hours

Hocon Hearth House on Winsted Road in Torrington served as the host of the July Business After Hours. While the weather did not cooperate with the plans for a cookout under the tent outside, attendees were pleased to see Hocon's beautiful showroom while networking with their fellow members.

Our generous host provided several door prizes including propane gas tanks, refills for the tanks, a fireplace tool set and a grill.



Join us on August 9th at Stadium System in Canaan and on September 13th at Wheels of Time, also in Canaan, for our next Business After Hours events.

## Business With Breakfast

Northwestern Connecticut Community College's Entrepreneurial Center hosted the Business With Breakfast on July 25th. Attendees shared information about their businesses and organizations while enjoying the College's new service center for business owners.

The next Business With Breakfast will be hosted by the United Way of Northwest Connecticut on August 22nd at 333 Kennedy Drive, Torrington.







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**Northwest Connecticut Chamber of Commerce (Board Room)**

**333 Kennedy Drive, Torrington, CT 06790**

**RSVP ONLINE AT:** [nwctchamberofcommerce.org/calendar](http://nwctchamberofcommerce.org/calendar)

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## COMING UP AT THE CHAMBER

### WOW! Forum Announces Event's Emcee

V Vanessa Williams, MS, PCC is the Founder and CEO of Leading Edge Consulting, LLC, a global executive coaching firm with offices in CT and FL. Vanessa has an International background and vast experience in Executive Coaching, Women & Diversity Leadership Coaching, Leadership Advancement, Operations Leadership, Business Process Outsourcing (BPO), Strategic Business Planning, Management & Financial Reporting, and Change Management.

Vanessa uses a holistic approach with her clients from identifying success roadblocks and creating metric driven action plans and goal setting. She also works with executives, business owners and c-suites to identify strategic goals and to build and engage high-performing collaborative teams.

In her corporate career, Vanessa was a Managing Director for Horton International, a retained global boutique executive search firm headquartered in West Hartford, CT. She also held senior level and C-suite positions leading high-powered executive global teams for Sun Life, Prudential, Mass Mutual, Aetna, and UConn Health.

Vanessa holds a Master of Science Degree in Management from Rensselaer Polytechnic Institute, a Bachelor of Science Degree in Accounting from Virginia State University, and is a Professional Certified Coach (PCC) with the International Coaching Federation. Leading Edge Consulting, LLC holds national certifications as a Minority Owned Business Enterprise (MBE), and Women Owned Business Enterprise (WBE).

Vanessa sits on the Board of Trustees for Easter Seals, The New England Air Museum, and Amistad Center for Arts & Culture. She also sits on the Advisory Board for Reginald F. Lewis College Business Alumni at Virginia State University.

This year's WOW! Forum will take place on October 6<sup>th</sup> at The Warner Theatre's Carole & Ray Neag Performing Arts Center on Main Street in Torrington. The theme of this year's conference is "The Beauty of Business". Tickets for the full day event are \$125 per person and include a continental breakfast, lunch, free parking, giveaway, wine and chocolate reception with a silent and penny auction, and more! To register for the WOW! Forum on October 6<sup>th</sup>, visit [wowforum.org](http://wowforum.org).



## DEVELOP NEW LEADERS IN YOUR BUSINESS WITH LEADERSHIP NORTHWEST

Participants of Leadership NW attend workshop sessions one day a month. The 9-month program gives them opportunities for contact with influential community leaders, provides experience in group dynamics, team leadership, professional and personal growth and builds working relationships and friendships with diverse members of the community. In addition, participants collaborate on a self-directed community-oriented team project that responds to a need in the region.

Employers...Here's What You'll Get:

- ◆ Employees with increased leadership, organizational and problem solving skills.
- ◆ A strengthened involvement in community affairs.
- ◆ New access to a network of community leaders and resources.
- ◆ Public recognition of their community involvement.
- ◆ Enhanced employee morale.

The 2017-2018 class is forming now. Please visit our website for more information and to download the application- <http://nwctchamberofcommerce.org/events-programs/leadership-northwest/>.



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## COMING UP AT THE CHAMBER

### Read Aloud Day Seeks Sponsor

The 27<sup>th</sup> annual Read Aloud Day will be held on February 7, 2018. Read Aloud Day seeks to increase students' enthusiasm for reading in Northwest Connecticut. Every year, over 400 volunteers from all around the region spend one hour of their day reading to elementary school classrooms at 26 local schools.

Readers register with the Chamber of Commerce by submitting a registration form with their choice of school, grade, and teacher. Then, the school's Read Aloud Coordinator sends the volunteer a letter with instructions for Read Aloud Day. Each reader receives a book summary, and they can review a copy of their book at the Chamber office. On Read Aloud Day, the school's coordinator gives each volunteer a brand new book donated by the program's sponsor. After the volunteers finish reading, they present the book to the class as a gift for future students to enjoy.

We are currently seeking sponsors for the 2018 Read Aloud Day. Sponsors are listed on all printed materials, including the postcard that is distributed to over 1500 residents, and on the book plates of each book donated to the over 400 classroom libraries. Please contact the Chamber if you're interested in sponsoring this very valuable program.



### Member Discount Program

We are redeveloping the Member Discount Program. We are building our list of special discounts provided by companies in the area. Help drive customers to your business...consider offering a special deal that will get people in the door! Suggestions...if you're a landscaper, offer a 10% discount off the first month's service. A retail store may offer \$5 off a purchase of \$50 or more. The possibilities are endless. Once the update is complete, we will be launching the *new* Member Discount Program to our members and their employees. You'll see a new membership card to be distributed to all employees and updated discount offerings on our website. If you're interested in getting your company in on the excitement, call the Chamber today at 860-482-6586.



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Join us at our morning roundtable discussion

## Business with Breakfast

Chamber members, bring your brochures and business cards along with any leads you would like to share.

Tuesday, August 22nd at 8:00 a.m.

Hosted by  
**The United Way**  
of Northwest Connecticut  
333 Kennedy Drive, Torrington



RSVP for this and other Chamber events at [nwctchamberofcommerce.org/calendar](http://nwctchamberofcommerce.org/calendar).



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# COMING UP AT THE CHAMBER Continued from page 5.

Northwest Connecticut Chamber's premier network building event featuring opportunities to gain new contacts and build your lead base while enjoying delicious hors d'oeuvres and a tour of our host's facility.

**Business After Hours**

297 Ashley Falls Road, Canaan

**Wednesday, August 9th, 5:00-7:00 p.m.**

RSVP for this and other Chamber events at [nwctchamberofcommerce.org/calendar](http://nwctchamberofcommerce.org/calendar).

## Chamber Travel Program Offers A New Trip in 2018: South African Adventure & Safari

The Chamber is pleased to partner with Central Holidays West to offer a South African Adventure & Safari.

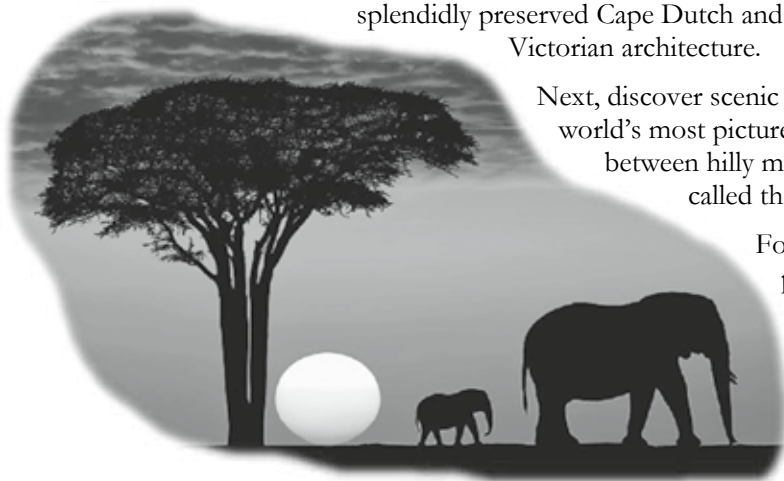
Excite your inner adventurer in South Africa! Set out from Johannesburg for a safari in Kruger National Park, one of Africa's leading game sanctuaries that covers more than 7,700 square miles of land between the Crocodile River in the south and the Limpopo in the north. It also boasts the greatest species diversity in Africa with more than 140 resident mammal species, including the iconic Big Five (lion, elephant, leopard, buffalo and rhino). A 4x4 vehicle gives you nearly unlimited photo opportunities to snap pictures of zebra, wildebeest, giraffe, hippo, crocodile, wild dog and vast antelope herds.

Then explore the wine-producing region of the Cape Winelands, visit picturesque vineyard estates and sample some of the finest South African wines. Take a stroll through Stellenbosch, a charming vineyard village boasting splendidly preserved Cape Dutch and Georgian-Victorian architecture.



Next, discover scenic Cape Town. This once colonial settlement is one of the world's most picturesque tourist destinations and most beautiful cities. Snug between hilly mountains and pristine white beaches, Cape Town is often called the cosmopolitan hub of Africa.

For more details on this and other Chamber sponsored trips, please visit the Chamber's Travel Program page at [nwctchamberofcommerce.org/events-programs/chamber-travel-program](http://nwctchamberofcommerce.org/events-programs/chamber-travel-program).



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Visit [www.score.org](http://www.score.org)

## Corporate Partner

# SHOUT OUTS

### Thomaston Savings Bank

The Town of Harwinton Economic Development Commission recently awarded Thomaston Savings Bank with the 2017 Outstanding Local Business award. EDC Chairman Tom Schoenemann recognized the bank's commitment to volunteerism, the annual Hometown Holidays and the bank employees who are members of the Harwinton Lions Club. 17 organizations and activities benefited from the bank's grants over the past year.

The EDC recognizes an Outstanding Local Business every two years. Of the 270 businesses located in town, three have been recognized to date. Thomaston Savings Bank joins Supreme Industries and Harwinton Pizza as a recipient. Mr. Schoenemann hopes the award will increase awareness of the positive impact town businesses have and promote them within the community.

Joining Mr. Schoenemann for the ceremony on June 27<sup>th</sup> were State Representative John Piscopo, First Selectman Michael R. Criss and bank President & CEO Stephen Lewis. Mr. Lewis recognized his employees for their volunteer efforts that helped raise \$6,500 to give back to the town last year. Mr. Criss proclaimed June 27<sup>th</sup> "Thomaston Savings Bank Day" in Harwinton.

### O&G Industries, Inc.

O&G Industries has announced the updates on two of their projects. The renovation of Putnam High School in Putnam, CT has been completed. Construction on the \$36.6 million, 98,000 square foot renovate-as-new project began in the fall of 2014 and was completed in the winter of 2017. The scope of the project included replacing windows, renovating science labs, expanding the gymnasium, transforming the existing library into a multi-media center and upgrading the mechanical infrastructure of the 60 year old building.

A five-month project for St. Francis Hospital and Medical Center that saw significant upgrades to its 20-room oncology pavilion and adjoining flex space has also been completed. The new pavilion is part of the Hospital's "Hope & Healing" campaign and places a premium on technology for treatment, amenities for patients and their families, and home-like aesthetics in patient areas. New headwalls at bedsides give patients control over the temperature & lighting of their rooms. The redesign included new private suites where visiting family can overnight, and a spacious healing lounge for relaxation, visits & programming. Renovations included nursing stations, a conference room & staff respite suite.

### Charlotte Hungerford Hospital

Ready to quit smoking? We can help! The Charlotte Hungerford Hospital (CHH) is offering FREE admission to its next "Freedom From Smoking" Cessation Program beginning on September 13<sup>th</sup> from 4 to 5:30 PM. The classes are being held in the Conference Room at the Hungerford Center, 780 Litchfield St., Torrington, just up the hill from the main hospital building.

CHH's FREE Smoking Cessation Program is a series of eight interactive classes over an eight-week period featuring discussion and skills practice. The sessions are led by a trained, certified American Cancer Society facilitator who understands the motivations and rationalizations of smoking, and uses a positive behavior change approach that teaches people how to become a permanent non-smoker.

As a special incentive, the \$75 program fee will be waived for all participants. "Quit Day" is planned for October 2nd. Call 860-496-6538 to register or receive more information. Space is limited.

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CHH has opened its new Emergency Department (ED) entrance located in the same location and parking area as the former ED entrance but closer to Litchfield Street. Patients and visitors are now welcomed by two large highly visible red "EMERGENCY" signs at the new entrance and should park in the same area they are accustomed to in the past.

The renovation completes the second phase of the hospital's comprehensive, six-phase, multi-year, renovation and expansion project designed to modernize and enhance the ED infrastructure and services. Also completed and put into operation is a new check-in area for staff members to greet patients and conduct a quick, private evaluation, a larger, more comfortable waiting room, state-of-the-art treatment and triage rooms, and new security, staff, and spiritual care areas.

The ED upgrade project was initiated last year to improve patient privacy and comfort, provide less patient waiting time, improve patient flow and efficiencies, and better accommodate larger volumes and technical advances in patient care. When completed, CHH will have 34 Emergency Department treatment rooms and two triage areas, an updated nurse station, additional equipment and supply storage space, and rooms for nutrition, bariatric, EMS, and financial counseling services.

The CHH Emergency Department is open 24/7 all year and located at 540 Litchfield Street, Torrington, CT. For more information, call 860-496-6650. CHH also offers emergency care at the Winsted Health Center, 115 Spencer Street, Winsted, CT, seven days a week from 9 AM to 9 PM. Winsted ED can be reached at 860-738-6650.





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**Place:** NW CT Chamber  
**Time:** 8am-3pm  
**Investment:** \$49.00

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# Member News

## LARC

The second annual Tee It Up 4 Autism charity golf tournament will be held on August 20<sup>th</sup> at Fairview Farm Golf Course in Harwinton. The event benefits TFAA (Torrington Area Families for Autism), in partnership with LARC, the Arc of Litchfield County. Help raise awareness for both adults and children living with Autism. The event is supported by platinum sponsor Matco Tools (Bill and Rebecca Marcano), gold sponsors Charlotte Hungerford Hospital and Thomaston Savings Bank and Hole in One sponsor Sullivan's Northwest Hills Dealerships. 2 p.m. shotgun start. Dinner begins at 7 p.m. \$140 per player includes 18 holes of golf, a bagged lunch and dinner. Dinner only tickets are \$45.

For more information, call Danielle at 860-480-8161 or Christina at 860-759-3043. Tickets are available online at [www.litchfieldarc.org](http://www.litchfieldarc.org) or by mailing your check made payable to LARC to 314 Main Street, Torrington.

## Salisbury Bank

Salisbury Bank announced the promotion of Julianna Sinchak to Vice President, Marketing and Sales Administration Manager. As Vice President, she will continue in her role to manage the overall responsibilities of all Marketing functions and strategies within the Bank, as well as oversee the sales administration function.

A graduate of the American Bankers Association (ABA) School of Bank Marketing and Management, Ms. Sinchak holds a Certified Marketing Profesional (CFMP) designation through the Institute of Certified Bankers and has been with the Bank since 2005.

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Salisbury Bank recently announced the recipients of its 2017 Annual Scholarship Program. Created in 2009 to assist students who have a proven financial need and who are already making a difference in their communities, the Scholarship Program awarded eight scholarships in the amount of \$3,000. Local recipients of the 2017 awards were:

- ◆ Alexis Ghi of Oliver Wolcott Technical School
- ◆ Angela Tabor of Housatonic Valley Regional High School
- ◆ Connor Reed of Housatonic Valley Regional High School

## Northwestern CT Community College

Northwestern Connecticut Community College has announced the receipt of a \$6,000 grant from the Keroden Endowed Fund, a fund of the Northwest Connecticut Community Foundation, Inc. This start-up grant has been awarded to support both the campus *Food for Thought* student food pantry and the NCCC Student Emergency Fund; providing assistance to food insecure students and students facing emergency needs.

"I am delighted to receive this grant," said NCCC President Dr. Michael Rooke. "These funds will be used to support two much-needed projects here for our students; the creation of a food pantry to help with students who do not have enough to eat, and the emergency fund to help students with unexpected financial hardships that can derail them from staying in college."

The *Food for Thought* pantry was created on campus by NCCC's Phi Theta Kappa (PTK) student club along with faculty advisors Crystal Wiggins and Todd Bryda and is expected to open on campus to students this fall.

The NCCC Student Emergency Fund was created through NCCC Foundation funding and private donations in 2016 to assist students with financial needs based on the specific need and individual circumstances. So far, the fund has assisted almost a dozen students with grocery and gas cards, rent and utility bill payments, and certification exam fees.

"I am always thrilled when community organizations like the Foundation and the college can work together to support the people of Northwest Connecticut," said Rooke. "This grant will certainly help us keep helping our students."

## Torrington Lions Club

Join the Torrington Lions Club for their 40<sup>th</sup> Annual Golf Tournament on Friday, August 18<sup>th</sup> at Greenwoods Golf Course. Prizes and fun galore! A hole-in-one on the 3<sup>rd</sup> hole wins you a new 2017 Honda CRV from Sullivan Honda. Prizes for hole-in-ones on all other par 3 holes, closest to the pin on all par 3s, closes to the line (#1, 1<sup>st</sup> time around), chipping contest and 50-50 on 3<sup>rd</sup> hole. 12:30 shotgun start of a scramble format. Entry fee of \$115 includes green fees and cart, a cookout lunch from 11 a.m. to 12:30 pm., and a buffet dinner. Members of Greenwoods pay only \$90. Call Norman Nejaime with questions at 860-482-3321, or mail your registration to him at 71 Mapleridge Drive, Torrington.



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- **DOWNTOWN WATERBURY:** For Sale. Three-One law office building remaining near three courthouses. Includes two apartments, free parking. \$160,000.
- **WINSTED:** For Sale. 670 acs., can fit 2M SF for data storage, industry or resort housing for Highland Lake. Gateway to Berkshires - on Rt 8, at four-way ramp. Lender wants offer!
- **NAUGATUCK INDUSTRIAL PARK:** 18,000 sf on 5 acres, subdivides easily. Asking \$1.1M.

- **NAUGATUCK INDUSTRIAL PARK:** 28,000 sf w/hi-bay warehouse. 11,000 sf available immediately with 15,000 sf tenant who can sign lease and stay. \$1.5M, nice clean building.
- **NAUGATUCK CENTER:** For Sale or Lease. Dentist office in Medical Building on golf course, ideal for pediatric practice.
- **NAUGATUCK:** For Lease. Commercial space in old school near Rt 8 geared to health care.
- **NORTHWEST CONNECTICUT (ROUTE 8):** For Sale. Approved transfer station with 2 huge high-bay facilities & 7 fenced acs. with railroad siding.
- **MERIDEN (CHESHIRE LINE):** 54 acs. in beautiful residential/agricultural neighborhood with French country ranch home. Ideal for health/elder care, social club, recording studio, or farm.
- Four "ground up" gas/convenience store/ truck stop sites; call for details.

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*Tom is an announcer, emcee & entertainer at Lime Rock Park ([www.limerock.com](http://www.limerock.com)) for the "IMSA WeatherTech/Continental Tire SportsCar Challenge," July 21 & 22; & "Historic Festival 35," Aug 31 to Sept 4, featuring authentic vintage car racing.*

**Member News** *(Continued from page 13)*

**Torrington Area Health District**

The Torrington Area Health District is offering a free 2 day course, "Mental Health First Aid Training" on September 12th & 14th at their office at 350 Main Street, Torrington from 5:30-9:30 p.m.

Like CPR, Mental Health First Aid 8-hour certificate training prepares community members with tools to interact with a person in crisis and connect the person with help. First Aiders do not take on the role of professionals and do not diagnose or provide therapy; instead, the program offers concrete tools and answers questions about what to do and where someone may find help.

For information or to register, visit [mhconn.org/education/mental-health-first-aid](http://mhconn.org/education/mental-health-first-aid) or call Valerie at 860-471-6715.

# Chamber Travel Program

## Explore Cuba by Cruise Ship November 9-17, 2017

Experience enchanting Cuba and explore the diversity of its natural and cultural riches like never before and a cruise that circumvents the island.

On this amazing cruise and land program, you will have the outstanding opportunity to delve into the history, culture and rhythmic pulse of Havana, including an overnight stay to enjoy the nightlife too. Discover the magic and mystique of this island nation as you visit the lesser known ports of Santiago de Cuba, Cienfuegos, and exotic Punta Frances. Your cruise to Cuba includes visits to UNESCO world heritage sites, world-famous beaches, colonial towns, historic attractions, lively cities and so much more!

Stroll down cobblestone streets, dance the night away to invigorating live salsa, take-in the impressive art and architecture, savor the flavorful Cuban cuisine, sample a rum-infused Mojito or Daiquiri in one of Ernest Hemmingway's preferred watering holes, try a world-famous Cuban cigar, and get to know the welcoming Cuban people at every turn. Here's your chance to experience the authentic Cuba!

Explore Cuba by Cruise Ship beginning at \$3,149 (inside)/\$3,299 (outside) on board the MS Crystal. Visit [www.centralholidayswest.com/booking](http://www.centralholidayswest.com/booking) and enter Booking Code B002199.

*A note from Celestyal Cruises: Celestyal Cruises is in complete compliance with the Presidential policy directive announced on June 16, 2017. Celestyal Cruises is very pleased to share that the company's Cuba cruise program is in full compliance with the June 2017 Trump administration changes regarding U.S. citizens traveling to Cuba. Our U.S. passengers traveling with Celestyal Cruises to Cuba can travel with peace of mind, knowing that they are participating in a comprehensive People-to-People program that features a culturally immersive itinerary including shore excursions as well as interactive and educationally enriching on board activities, all in compliance with the OFAC (Office of Foreign Assets Control) requirements. This is included as part of the Celestyal All Inclusive Experience in the P2P group cruise package rate. For added convenience, travelers can embark in either Montego Bay Jamaica or in Havana, Cuba. Additionally, and in contrast to most choices available to American citizens when traveling to Cuba, Celestyal Cruises provides P2P program certification attesting to the participation of U.S. citizens in the approved People-to-People group program. The certification process is managed by a U.S. representative stationed permanently onboard the Celestyal Crystal employed by the U.S. sponsoring corporation of the P2P program as required by OFAC.*

## The Irish Spirit October 7-15, 2017

Get ready to bask in the luck of the Irish on your Irish Spirit adventure with Central Holidays. Here awaits a land of legends and mystical folklore, lush green landscapes and spectacular cliff-side views, stone-clad castles and historic mills, cultural treasures and medieval masterpieces, plus so much more!

On this hands-on adventure, you will also have the opportunity to tap into the heritage of other kinds of "Irish Spirits" with exquisite tasting experiences from world

famous Guinness to the distillery of acclaimed Jameson Irish whiskey, to Ireland's historic pubs and bars where you can delve into the rich Irish custom of storytelling as you hear enchanting tales of days gone by.

Savor traditional Irish recipes and vivacious music that bring the country's culture and its ancestors to life as you get to know the Spirit of Ireland every step of the way.

The Irish Spirit begins at \$2,949 per person. Visit [www.centralholidayswest.com/booking](http://www.centralholidayswest.com/booking) and enter Booking Code B002181.

## Portugal Hidden Treasures November 2-10, 2018

Nestled along the Iberian Peninsula's Atlantic Coast, Portugal beckons with its sea-faring past, charming old towns, quaint coastal villages, and distinctive diversity.



Here you will experience everything from exquisite churches carved in "lace" to its endless olive groves, flowering almond trees, and sweet Port wines. Remnants of former civilizations are abundant from foreigners who conquered and were conquered here including Romans, Moors and Jews. Together, their influences inter-mix with attributes of countries linked by Portuguese exploration across the globe.

From the country's diverse landscapes, coastal splendors, old world towns and vibrant cities to its delectable gastronomy, gracious people, and time-honored history, Portugal will indulge all of your senses.

An optional excursion to Obidos, Batalha, Fatima and Nazare as well as an optional trip extension to Santiago De Compostela are available.

Portugal Hidden Treasures begins at \$2,749 per person. Visit [www.centralholidayswest.com/booking](http://www.centralholidayswest.com/booking) and enter Booking Code B002229.

# Community Representatives Report

## Barkhamsted

The Barkhamsted Recreation Department and the Farmington River Steward Team are hosting the following free events. Reserve your spot by emailing Donna at [barkhamstedrec@barkhamsted.us](mailto:barkhamstedrec@barkhamsted.us). For a complete listing of programs, visit [barkhamstedrec.us](http://barkhamstedrec.us).

- ◆ "Fly Tying Fundamentals" at Uncle Aaron's Bait Store on August 6 at 3 p.m. Richard Nicoletti will teach how to tie flies for fishing and will share fly fishing tips for the river.
- ◆ Nick Lockwood will present "Fishing Around the Farmington" on August 13th at 3 p.m. at Austin Hawes Campground. Learn common fishing methods, regulations, ethical catch & release, and ethical treatment of the environment pertaining to the river.

## Burlington - Janet Schwartz

- ◆ The Burlington Historical Society will open the Center School House on George Washington Turnpike for free tours on August 27th from 1-4 PM. For details, visit [burlington-history.org](http://burlington-history.org).
- ◆ Sessions Woods Programs:
  - ◇ "Animals that Scurry Among Us" on August 9th from 10 a.m. to Noon. Enjoy a 2-mile hike spotlighting rodents of the forest including woodchucks, beavers, squirrels, chipmunks & more.
  - ◇ "Magnificent Monarchs" on August 23rd from 10:30 a.m. to Noon features Eric Rahn who will introduce participants the magnificent monarch butterfly.
- ◆ Tavern Day at Elton Tavern will be held on September 17th from 11 AM to 4 PM. Join the Historical Society for a celebration of colonial life. More details are available at [burlington-history.org](http://burlington-history.org).
- ◆ Whigville Grange Fair at the Grange Hall in Whigville will take place on August 26th from 10 a.m. to 2 p.m. Show off your home grown veggies & flowers, jam, pickles or homemade baked goods. No entry fee. Free parking. Entertainment, food, teacup auction. Craft vendors welcome. Call Debbie at 860-582-9863 or email [b\\_gary@sbcglobal.net](mailto:b_gary@sbcglobal.net) for information.
- ◆ Burlington Land Trust will host the inaugural Tunxis Trail Ultramarathon on August 26th at 7 a.m. The 32-mile course will take runners past some of the most stunning natural landmarks in the area. 18-mile Fun Run also available. For information, visit [tunxisultra.wordpress.com](http://tunxisultra.wordpress.com) or [burlingtonlandtrust.org](http://burlingtonlandtrust.org).

## Canaan/N. Canaan - Wendy Eichman

- ◆ The Sunset Music Series continues on Thursday evenings from 7-9 PM at the Canaan VFW Couch Pipa Post 6851. Enjoy live music, car cruise, prizes, food & drink at this free, family event. 8/3 K Mac & the

Cadillacs, 8/10 Maximum Dosage, 8/17 Wibo & Friends, 8/24 5 Day Knight, 8/31 Two Guys in Suits and Ties & the Summer Grand Prize Drawing event.

- ◆ The Canaan Farmers' Market is at Stadium System, 297 Ashley Falls Road every Wednesday from 4-6 PM. For every \$5 spent at the market, receive a ticket for a prize drawing. Drawings conducted weekly. The Grand Prize, a \$100 gift certificate to Stadium System, will be drawn September 20th
- ◆ Musical Sunday Sunset Concerts at The Doughboy, Route 44 and Granite Avenue in Canaan will be held every Sunday in July from 6-7 PM. Presented by The Cranford Club, the event is free. Bring a picnic.
- ◆ NW CT Rod & Gun Club's 71st Annual Outing will be held August 20th from Noon to 5 p.m. Steamed & raw clams, pork, shaved steak, deep fried turkey, sausage sandwiches, hot dogs & hamburgers, corn on the cob and hors d'oeuvres. \$40 pp, \$10 children under 12. Tickets available at Stadium System, 297 Ashley Falls Road, or through club members.
- ◆ VFW District 5 Picnic hosted by Canaan VFW Post 6851. August 12th from Noon to 8 p.m. \$10 pp includes entertainment by multiple bands and food. Bring a lawn chair. All proceeds will be used to renovate a disabled veteran's home.

## Cornwall - Dianne Heiny

- ◆ Hevreh Concert will take place on August 5th at 5 p.m. at the Prentice Barn
- ◆ Local Farm will host a Pot Luck Picnic and Bat Count on August 12th from 6:30-8:30 PM and the Women's Equality Drum Circle on August 26th from 7-9 PM.
- ◆ The Cornwall Historical Society will hold a Family Day on July 22nd from 10 AM to 2 PM and a Gallery Walk at 5 PM.
- ◆ A Community Contra Dance will be held at Town Hall on August 5th at 7 p.m.
- ◆ The Trinity Retreat Center presents the Rose Algrant Art Show on August 12th from 10 a.m. to 5 p.m. and the 13th from 10 a.m. to Noon.
- ◆ The Cornwall Library presents Cornwall Conversation-Populism on August 12th at 5 p.m.
- ◆ Visit [cornwallct.org](http://cornwallct.org) for additional activities & information.

## Falls Village - Wendy Eichman

- ◆ The Jane Austen Project - A conversation with author Kathleen Flynn, Bruce Paddock and Cynthia Hochswender will be held on August 5th at 4 p.m. at the David M. Hunt Library, 63 Main Street, Falls Village. Topics likely to come up include time travel, romance, physics, science-fiction and Jane Austen which are all elements of Ms. Flynn's debut novel, *The Jane Austen Project*. For info, visit [huntlibrary.org](http://huntlibrary.org).



# Community Representatives Report

## Falls Village - Wendy Eichman *(Continued)*

- ◆ David M. Hunt Library will host the exhibit *Altars, Amulets and Shrines*, curated by Gay Schempp with an opening reception on August 25th from 5-7 p.m. The exhibit will continue through September 22nd at the library, 63 Main Street, Falls Village. For details, visit [huntlibrary.org](http://huntlibrary.org) or call 860-824-7424.

## Harwinton - Carol Kearns & Harry Schuh

- ◆ Harwinton Historical Society Annual Ice Cream Social will be held August 6th from 2-4 p.m. on the grounds of the Harwinton Consolidated School. Bring a lawn chair to enjoy the music of troubadour Tom Hooker Hanford.
- ◆ Harwinton Recreation presented Free Outdoor Movie Nights at the Harwinton Sports Complex: August 10<sup>th</sup> 8:15 PM - Moana. Call 860-485-0626 or email [recreation@harwinton.us](mailto:recreation@harwinton.us) for more information.
- ◆ Harwinton Public Library will present the following programs. Please call 860-485-9113 to register.
  - "Living in Space" on August 2nd at 6:30 PM. Science demonstrations and hands-on activities. Please register. Recommended for students grades 5-12.
  - "Build a Forest Community!" on August 9th at 6:30 PM. Marlow Shami from the White Memorial Conservation Center will present a live animal program about the interconnection of all life in a forest community. Free/no registration required.
  - CT Children's Author Suzy Kline will share her writing experiences in an interactive presentation on August 16th at 6:30 p.m. She will bring props from her *Horrible Harry* series.
  - "Seed Saving Workshop" by Master Gardener Erick Frisk on August 23rd. Free and open to ages 12 and up. Supplies included. Please register.
- ◆ Harwinton Volunteer Fire Department's Annual Chicken Barbecue will be held August 12th from 4:30-7 p.m. at the Firehouse, 158 Burlington Road. Tickets \$15 for adults, children under 12 \$8.00. Call 860-485-9336 for information.

## Kent

- ◆ Kent Volunteer Fire Department's Golf Tournament will be held September 11th at Bull's Bridge Golf Club in Kent. Registration & sponsorship information is available at [kentfire.org/golf](http://kentfire.org/golf). For information, email Scott at [golf@kentfire.org](mailto:golf@kentfire.org).

## Litchfield - Edgar Auchincloss

- ◆ Summer in Litchfield finds us shopping in the new and expanded Stop & Shop, very nice, and much improved with a full service People's United Bank branch location inside. Branch Manager, Edward Cunningham, is busy meeting new and old clients of the bank who are pleased to have a new location instead of an ATM at the old location. For the second time, developer Russ Barton escorted me on a tour of the jail renovation project at the corner of West and North Street in Litchfield. He has tremendous vision and the people of Northwest Connecticut will be very pleased with the final outcome of this project.

## Torrington

- ◆ "Tour of the Litchfield Hills" Cycling Event will return for the 14th year to Torrington's Coe Park on August 6th to benefit The Cancer Care Fund of the Litchfield Hills, Inc. The charity ride consists of 12, 30, 55, 75, and 100-mile routes. There are also 2.4, 4.2 and 6-mile walking routes for non-cyclists who wish to participate. Registration is \$45 per adult, \$15 children under 12 and \$60 for a family of five or less. More details on registration, maps and more are available at [tourofthelitchfieldhills.com](http://tourofthelitchfieldhills.com) or by calling Dr. Matt Pagano at 860-379-3372.

## Warren

For additional information regarding the following Warren activities, please call 860-868-7881 ext. 113 or reference the town website at [warrenct.org](http://warrenct.org).

- ◆ Trips Offered by Park & Recreation:
  - Dodgers vs. Mets on August 5<sup>th</sup> at Citi Field (seats in section 335). Cost \$95 pp.
  - Red Sox vs. Yankees at Yankee Stadium on August 12<sup>th</sup>. \$105 pp (seating in section 232).
  - Trip to Meigs Point Nature Center at Hammonasset State Park and Beach on August 30<sup>th</sup>. Enjoy a "Touch Tank" program featuring crabs, lobster, fish and more followed by a "Beach Combing 101" lesson at the beach. Bring a picnic lunch & beach chair and be ready for an ice cream stop on the way home.
  - Bronx Zoo/Botanical Gardens on September 9<sup>th</sup>. Choose between the zoo or gardens (admission fee required) followed by time to eat your way through Little Italy in the Bronx. Cost \$45 pp includes motor coach transportation, driver gratuity and snack bag.



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## Renewing Members

The following Chamber members renewed their memberships during the period of June 27 through July 25. Thank you for your continued commitment to Northwest Connecticut's Chamber of Commerce. Companies listed in bold indicate a Corporate Partner.

- ◆ American Cancer Society
- ◆ Apple Cinemas Barkhamsted 9
- ◆ **AT&T**
- ◆ Bantam Cinema
- ◆ Beardsley & Memorial Library
- ◆ Berkshire Environmental Services & Technology, LLC
- ◆ Ciesco Memorials
- ◆ Rhonda Detlefsen
- ◆ Dmytryck Painting, LLC
- ◆ GeronNursing & Respite Care
- ◆ Goodworks Insurance
- ◆ Gourmet Conveniences
- ◆ H.B. Guildford & Co., Inc.
- ◆ Herbst & Herbst, LLC
- ◆ Housatonic Valley Association
- ◆ Infinity Hall
- ◆ Jacobs Garage, Inc.
- ◆ Litchfield Car Wash
- ◆ Litchfield Community Center
- ◆ Litchfield County BMX Group, Inc.
- ◆ Litchfield Saltwater Grille
- ◆ **Litchfield Woods Health Care Center**
- ◆ M.R. Bart Construction Corp.
- ◆ My Office, LLC
- ◆ Northwest CT Realty
- ◆ Northwest Hills Council of Governments
- ◆ William P. Ryan, DMD, LLC
- ◆ Sharon Playhouse
- ◆ Ski Sundown
- ◆ Spearpoint Strategy Advisors, LLC
- ◆ Torrington (P.A.L.) Police Activities League
- ◆ Town of Winchester
- ◆ John R. & Sanda D. Ursone
- ◆ Vibra-Conn, Inc.
- ◆ Wheeler Clinic-Family and Community Ties Foster Care Program
- ◆ Yale New Haven Hospital-Smilow Torrington Care Center

## Community Representatives Report

Continued from page 17.

### **Warren** (Continued)

- ◆ Warren Parks and Recreation Summer Concert Series welcomes John Camp of TimeRider on August 19<sup>th</sup> from 5:30-8:30 p.m. at Warren Woods. Camp, who has performed professionally for over 35 years, has worked with entertainers such as Steppenwolf, The Guess Who and Marshall Tucker Band. 60's Satisfaction will be performing on September 17<sup>th</sup> from 4:30-6:30 p.m. at Warren Woods.
- ◆ Warren Annual Town Wide Tag Sale will take place September 2<sup>nd</sup> from 9 a.m. to 3 p.m. Residents are invited to set -up at their own homes. For the registration fee of \$12, Park & Recreation will provide advertising, signage, a map and program of participating households. Information will also be posted on the town website. Sign-up deadline is August 29<sup>th</sup>.

### **Winsted/Winchester - Fran Delaney**

- ◆ The Farmers' Market is held on Fridays at East End Park 3-6 PM through September 22nd. See [www.foms.org](http://www.foms.org) for updates and watch Friends of Main Street weekly newsletter.
- ◆ Whiting Mill's 3rd Sunday event will begin again in the fall. Visit [whitingmills.com](http://whitingmills.com) for more information.
- ◆ Friends of Main Street summer concerts continue at East End Park through August 23rd. See [www.foms.org](http://www.foms.org) for more information.



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Conquest  
Cook Funeral Home  
Dymax Corporation  
Eversource Energy  
Founders Insurance Agency  
Fuel Cell Energy  
Geer Village Senior Community  
Litchfield Bancorp  
Litchfield Woods Health Care Center  
Northwest Community Bank  
O&G Industries, Inc.  
People's United Bank  
Photo Arts Printing Company  
The Register Citizen  
Republican-American  
Sharon Hospital  
Sterling Engineering Corporation  
TD Bank  
Thomaston Savings Bank  
Torrington Savings Bank  
Toth Insurance Agency  
Turri-Masterson, Inc.  
Union Savings Bank  
Valerie Manor  
Valley Energy Co., Inc.  
Webster Bank

## Chamber Calendar of Events

All events listed below will be held at the Chamber offices at 333 Kennedy Drive, Torrington unless otherwise noted.

### August 2017

- 7th - **Restaurant in the Spotlight** at Infinity Hall Bistro, 20 Greenwoods Road West, Norfolk, 5:30-6:30 PM
- 9th - **Business After Hours** at Stadium System and The Canaan Farmers' Market, 297 Ashley Falls Road, Canaan, 5-7 PM
- 10th - **Government Relations Committee** Meeting, 8 AM
- 16th - **Insurance Committee** Meeting, 8 AM
- 22nd - **Business With Breakfast** at the United Way of NW Connecticut 333 Kennedy Drive, Torrington, 8 AM
- 29th - **Learn at Lunch "One-to-One Marketing and Product Brokering"** presented by On Fire Digital Marketing, 12 Noon.

### September 2017

- 1st - **Manufacturers' Coalition** Meeting, 8 AM
- 4th - **Chamber Offices Closed** in observance of Labor Day
- 6th - **WOW! Forum Advisory Committee** Meeting, 8 AM
- 7th - **Membership Committee** Meeting, 8 AM
- 11th - **Restaurant in the Spotlight**, location TBD, 5:30-6:30 PM
- 13th - **Business After Hours** at Wheels of Time, 54 Barlow Street, Canaan. Co-sponsored by People's United Bank. 5-7 PM
- 14th - **Government Relations Committee** Meeting, 8 AM
- 16th - **Over The Edge Northwest Connecticut** at the Torrington Towers
- 19th - **Health Council** Meeting, 8 AM
- 20th - **Insurance Committee** Meeting, 8 AM
- 22nd - **Torrington House Tour Preview Party & Tour**
- 23rd - **Torrington House Tour**
- 26th - **Business With Breakfast** at Brandywine Living of Litchfield, 19 Constitution Way, Litchfield, 8 AM
- 28th - **Board of Directors** Meeting, 8 AM

### October 2017

- 6th - **WOW! Forum** - info & registration available at [wowforum.org](http://wowforum.org)

**RSVP to the Chamber on-line at [nwctchamberofcommerce.org](http://nwctchamberofcommerce.org) or call 860-482-6586.**